



A Train-the-Trainer Program in Therapeutic Crisis Intervention

The Crisis Prevention and Management System for workers with young people

➤ A 5 day intensive course 28 September - 2 October 2009
The Sebel Surry Hills, 28 Albion Street, Surry Hills 2010

Developed as part of Cornell University's Residential Child Care Project, *TCI* is widely used in residential, juvenile justice, mental health, disability services and special education settings across the US, the UK and Australia. This course will provide your agency with an in-house training capacity in the revised and updated *TCI* curriculum. The program:

- ❖ Teaches therapeutic, practical and proven methods for preventing crises and managing young people in crisis
- ❖ Prepares participants to conduct in-house *TCI* training
- ❖ Provides materials and resources to assist trainers in presenting a high quality, in-house training program

Who Should Attend?

- Senior personnel
- Experienced practitioners
- Coordinators
- Supervisors
- Managers

➤ Goals of the Training

Upon successful completion of the program, participants will be able to:

- ✓ Understand and recognize the key types of aggression
- ✓ Apply crisis prevention and de-escalation techniques
- ✓ Understand their personal strengths and vulnerabilities in working with young people in crisis
- ✓ Avoid power struggles
- ✓ Use crisis as an opportunity to promote growth and development in young people
- ✓ Use selected low risk physical intervention techniques and understand the legal and ethical considerations
- ✓ Employ appropriate closure strategies including Life Space Interviews
- ✓ Use crisis as an opportunity to enhance relationships with young people
- ✓ Teach *TCI* skills to workers within

The
ThomasWright
Institute

SPECIALIST SUPPORT FOR CHILD, YOUTH AND FAMILY SERVICES



their own organisations

➤ Your presenters

Frank Kuhn PhD has worked in clinical and leadership positions with child welfare, educational, and treatment organisations for 25 years. He has served as medical school faculty and has provided consultation and training across the US and internationally. He has co-developed training curricula including *Individual Crisis Management Plans*, TCI, Cornell University, 2003, and *Connecting: Essential Elements of Residential Care*. He has been a consultant to the RCCP since 1985.

Diana Boswell PhD, Director of The Thomas Wright Institute, provides specialist psychological services for young people with complex and challenging behaviours, and their families, working across corrections, education, disability, and social welfare areas. Since 2003 she has taught graduate courses in managing complex behaviours and autism spectrum disorders at the University of Canberra. She is a qualified TCI Instructor and certified Life Space Crisis Intervention trainer.

➤ Physical Interventions

TCI focuses on the prevention and de-escalation of crises and a key objective is to minimise the use of physical interventions (such as restraint) and, if possible, to eliminate the need for them altogether. For settings where dangerous aggression is a predictable occurrence and an appropriate management, staffing, training and support infrastructure is in place, the *TCI* skills are designed to minimise the risk of injury to client or staff. The Train-the-Trainer course covers physical interventions but participants can elect for Associate Certification *with or without* the physical management component.

For further details or to register, write to:

TCI Train the Trainer Information
Thomas Wright Institute
PO Box 4260
KINGSTON ACT 2604

Phone (02) 6295 6255 Fax (02) 6295 6499

OR email us at office@twi.org.au

OR visit the Cornell TCI website: www.rccp.cornell.edu

The competency based assessment on completion of the course includes testing of knowledge and skills required for Associate Certification with the Cornell University TCI Program.

Note: This program is designed to enable trainers to provide the TCI course for workers in their agency. It does not cover a full generic train-the-trainer curriculum.

Comments from previous course participants:

- *'practical and user friendly'*
- *'excellent material'*
- *'best training I have attended'*
- *'very comprehensive'*
- *'presenters were excellent'*
- *'practical and fun'*
- *'a course of exceptionally high quality'*

COST: \$1,800 (includes training manual, DVD, CD of overheads, student workbook, reference guide, refreshments and lunch each day.)

(No GST is payable on this course.)