

# Therapeutic Crisis Intervention

## *Train-the-Trainer*

### **CRISIS PREVENTION AND MANAGEMENT SYSTEMS FOR WORKERS WITH YOUNG PEOPLE**

TCI is widely used in residential, justice and special education settings across the US, the UK and Australia. This course will provide your agency with an in-house training capacity in the TCI curriculum.

- THE PROGRAM:**
- Teaches therapeutic, practical and proven methods for preventing crises and managing young people in crisis.
  - Prepares participants to conduct in-house TCI training.
  - Provides materials and resources to assist trainers in presenting in high quality

**THE PRESENTERS:** **Martha Holden:**  
Project Director of the Cornell University Residential Child Care Project, international presenter and co-author of Therapeutic Crisis Intervention.

**Howard Bath:**  
Director of the Thomas Wright Institute, consultant, trainer and author of a number of papers on the management of challenging behaviors.

#### **WHO SHOULD ATTEND?**

- Senior Personnel
- Experienced Practitioners
- Coordinators
- Managers
- Trainers

## Goals of training

Participants will be able to:

- ✓ Understand and recognize the key types of aggression
- ✓ Apply crisis prevention and de-escalation techniques
- ✓ Understand their personal strengths and vulnerabilities in working with young people
- ✓ Employ appropriate closure strategies including Life Space Interviews
- ✓ Use crisis as an opportunity to promote growth and development in young people

## Competency Framework

TCI is designed around three foundation competencies:

- The prevention and de-escalation of potential crisis situations with young people
- The management of crisis situations with young people using therapeutic and risk management strategies
  - The appropriate processing and closure of crisis situations

TCI covers much of the material in the Critical Incidents Units of the National Community Services Competency Standards, Certificate IV (Youth Work 4 - Respond to Critical Incidents and Youth Work 7 - Respond to Critical Incidents including Risk of Violence)

## Research and Evaluation

Apart from overwhelmingly positive evaluation reports from participants in TCI courses there have been a number of more formal studies into the efficacy of TCI. Details of these studies can be forwarded if requested.

## Goals of Training

Upon successful completion of the program, participants will be able to:

- » Understand and recognize the key types of aggression
- » Apply crisis prevention and de-escalation techniques
- » Understand their personal strengths and vulnerabilities in working with young people in crisis
- » Avoid power struggles
- » Use crisis as an opportunity to promote growth and development in Young people
- » Use selected low risk physical intervention techniques and understand legal and ethical considerations
- » Employ appropriate closure strategies including Life Space Interviews
- » Use crisis as an opportunity to enhance relationships with young people

## Trainers will also be able to

- » Teach TCI techniques to workers within their agency
- » Use practice sessions and training aids in their programs
- » Handle resistance training
- » Evaluate participant's skills

## Physical Interventions

TCI focuses on the prevention and de-escalation of crises and a key objective is to minimize the use of physical interventions (such as restraint) and, if possible, to eliminate the need for them altogether. For settings where dangerous aggression is a predictable occurrence and an appropriate management, staffing, training and support infrastructure is in place, the TCI skills are designed to minimize the risk of injury to client or staff.

The Train-the-Trainer course covers physical interventions but participants can elect for Associate Certification with or without the physical management component

For further details and registration form fax or write to

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